

# CHRISTIAN LIFE NOTES

Oregon District LWML

Volume 94

September 2024

## Tangled Yarns



A good friend, Marie, needed help. Her dementia had gotten to the point where she needed assistance with memory care for everyday tasks. The executor of her affairs led a few lovely friends to help pack her apartment.

Maria, such a talented knitter and seamstress, could no longer make sense of how to put things together. Patience and determination were the mainstay of these women as they worked to organize and plan for Maria's new home. They eliminated Maria's excess and pared her belongings down to just the essentials. They organized "to donate" and "to keep" boxes. The ladies packed up her lovely high quality yarn. But what a tangled mess. It would take time and patience to ferret out and untangle the skeins and then wind the different yarn into balls that could be used. Maria would be happy to know that these yarns might be used to provide hats or mittens for someone.

We may not have a neighbor in need like Maria, but we may have other "tangles yarns" of our own. I liken it to cleaning my junk drawer or garage. We make decisions to keep, donate, or to trash items. We reorganize. God wants us to examine our spiritual lives like this too. What sins and actions do we need to jettison or trash and how can we reorganize and refocus our spiritual life with God?

- Pray for spiritual guidance, deeper faith, family etc.
- Be diligent in worship
- Daily devotions and reading of the Bible (Ps. 119:9-16, Eph 2:1-10)

In our efforts to do this in our busy day, we can set aside time. I personally do not get much done unless I schedule it. (devotions, laundry, crafts, exercise, etc.) So, schedule it if need be. Focus and calm your mind. *If then you have been raised with Christ, seek the things that are above where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth* (Colossians 3:1-2). *Seek first the kingdom of God and his righteousness, and all these things will be added to you. Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble* (Matthew 6:33).

Our Lord gives us nothing we can't handle. It may be a tangled mess at times. You may feel overwhelmed. But God stays faithful and with His help we can examine, reorganize, and walk through our tangled mess with Christ at our side. God reaches out to you through His word. Read it and use it to help you in your tangle of everyday life.

Lynne Beck Vice President Christian Life Oregon District

Photo by Markus Spiske